

Puzzle 6 - Changing Me

Puzzle Map - Ages 10-11



Puzzle Outcome

Help me fit together the six pieces of learning about Changing Me to create the Tree of Change display
Piece 6: Teens

Weekly Celebration	Piece	PSHE Learning Intention	So clear and emotion that it elicits genuine learning attention	Resources
Understand that everyone is unique and special	1. My Self Image	I am aware of my own self image and how my body image fits into that	I know how to develop my own self image	Classroom labels letter A-D; 'Time and Money' PowerPoint slides, Facts About Fashion PowerPoint slide, Jigsaw Chime, 'Gains Me' script, Flip chart and pens, Unhelpful/helpful resource, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jen's Cat
Can express how they feel when change happens	2. Puberty	I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally	I can express how I feel about the changes that will happen to me during puberty	Growing-up Bingo cards, Jigsaw Chime, 'Gains Me' script, Puberty Flashcards, PowerPoint slides of male and female organs, PowerPoint slides female and male body changes, Animation: Female and Male Reproductive Systems, Puberty Truth or Myth cards, enough for each working group to have one complete set, Boy stories / Girl stories cards, Teacher notes page (Boy/Girl stories), Advice on personal hygiene for teens (can be worksheets or spouted online by the TEACHER for appropriateness), Blank paper, Jigsaw Jen's Private Post Box, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jen's Cat
Understand and respect the changes that they see in themselves	3. Babies: Conception to Birth Assessment Opportunity	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born	I can recognise how (feel when) I reflect on the development and birth of a baby	Terra ball, Jigsaw Chime, 'Gains Me' script, Jigsaw Jen, PowerPoint slides of a baby developing in the womb, A set of 'Baby Can...' cards, cut up and shuffled, Animations: Female and Male Reproductive Systems, Form Conception to Birth resource sheet, Conception to Birth card set template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jen's Cat
Understand and respect the changes that they see in other people	4. Boyfriends and Girlfriends	I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend	I understand that respect for one another is essential in a boyfriend/girlfriend relationship and that I should not feel pressured into doing something I don't want to	Jigsaw Chime, 'Gains Me' script, Jigsaw Jen, Should I / Shouldn't I? resource, Diamond 9 Cards, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jen's Cat
Know who to ask for help if they are worried about change	5. Real self and ideal self	I am aware of the importance of a positive self-esteem and what I can do to develop it	I can express how I feel about my self image and know how to challenge negative body talk	Jigsaw Chime, 'Gains Me' script, Cosmetic items: a tube of toothpaste, a hair product for men, an item of make-up, PowerPoint slides 'Real bodies', 'Real self/ideal self' templates - 2 copies per child, Different coloured pens, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jen, Jigsaw Jen's Cat
Are looking forward to change	6. The Year Ahead	I can identify what I am looking forward to and what worries me about the transition to secondary school or moving to my next class	I know how to prepare myself emotionally for the changes next year	Jigsaw Jen, Jigsaw Chime, 'Gains Me' script, PowerPoint slide - Burger run, Paper and pens, Optional: Blank T-shirts, Optional: Fabric pens, Jigsaw Journals, My Jigsaw Journey, Certificates, Jigsaw Jen's Cat